

Stanberry R-II School District Wellness Committee Minutes Wellness Policy Review January 24, 2024



The Stanberry R-II Wellness Committee met on January 24, 2024, to review the current Wellness policy and to make necessary changes. Those present at the meeting were John Davison, Tammy Graham, Lisa Craig, Shane Hilton, Jennifer Meyer, and Debra Jensen.

1. Review items for report

The committee discussed the items that need to be included on the quarterly report.

- Monthly district menus and meal counts.
- Listing of all a la carte, vending, and competitive foods sold by school food service.
- Listing of all other sales of foods throughout the district including vending machines, school stores, culinary, and special education programs, in-school and in-class fundraisers, etc.
- Listing of physical activity programs and opportunities for students throughout the school year.
- Outcomes of Committee activities.

The committee believed that each of these items were the minimum expectations for the report. Other items related to Wellness will be added by the members.

2. Future Plans for Program Evaluation

The current expectation is that the Wellness policy is reviewed at least every three years. The committee felt that it would be best practice to review the Wellness Policy every year. This review will take place in May of every year. A program evaluation form will be created, similar to the school board program evaluation forms that are completed throughout the school year.

3. Upcoming Food and Nutrition Review

The committee reviewed the items for the upcoming Food and Nutrition Review. We believe that we are in compliance with all items but will follow any recommendations from the findings.

4. Final Thoughts/Questions

1. To encourage more participation from our students, it was suggested that the President and Vice President of the elementary and high school student councils be members of the committee. This will give the students more of a “voice” within the committee.
2. The general public is invited to the Wellness meetings via social media and our school website. It was mentioned that a textcaster can be sent out to the parents as well. It is the committee’s goal to generate more parent involvement in the Wellness Committee.
3. Debra Jensen, the school nurse, suggested adding Wellness information on the bulletin board in between the nurse’s clinic and the lunchroom. Students, staff, and families would have regular access to this information.
4. The Wellness Policy and Regulation was merged together to form the Stanberry R-II Wellness Guidelines. This is a more streamlined version of the policy and regulation, making it easier to navigate. It is important to note that all policy and regulation items are included in the guidelines.